

Certificate in Manicure & Pedicure (MP101)

You will receive training in professional manicure and pedicure skills. We will teach everything you need to know so prior knowledge is not required. This is an essential skill for anyone wishing to work in a salon or spa. Case studies on paying clients from the general public for presentation form part of this qualification.

This course includes:

- The study of the structure of the nail
- Maintenance and care procedures for the nails and skin of the hands and feet
- How to check for contra indications and recognize any nail diseases and disorders
- Understand, explain and demonstrate the use of the manicure & pedicure tools
- Understand, explain and demonstrate classic massage of hands, lower arm, foot and lower leg
- The application of colour without streaking on both the hands and feet
- French manicure technique, American manicure technique, Single-layer varnishing, Multi-layer varnishing
- Paraffin wax and warm oil treatments for nourishment
- Client counselling/consultation techniques

Entry Requirements

- You must be 18 years or older, no exceptions
- Although no previous experience is required, you must be fluent in English (written, spoken and reading)

Included in Fees:

- Folder with course notes
- Use of salon equipment and accessories for class use

Not Included (though required)

- Uniform (pattern available through the school)
- Set of brand new towels (available through the school)
- Manicure and pedicure kit for home and class practice (available through the school)
- A pair of white salon shoes
- Stationery (pens, note book, folder for presenting work)

Duration: 4 weeks/120hrs (guided learning) + practice time